

Well & Being

Fall Fresh Skin

Experts weigh in on their favorite autumnal spa treatments

Fall and beauty go hand-in-hand: Just like trees shed their leaves in preparation for the long winter ahead, it's also a great time to replenish skin after the harsh, hot summer and sneak in some personal relaxation before the holiday chaos takes over. We asked some of our favorite beauty experts to share their favorite fall beauty treatments with us.

BRENNAN EVANS

*Managing Director at Well & Being
at Willow Stream Spa at Fairmont
Scottsdale Princess, Scottsdale, Arizona*

"Embracing the concept of total well-being is a full-spectrum experience. At Well & Being our goal is to provide a comfortable, world-class environment that allows guests to not only learn about wellness but also appreciate the time taken to luxuriate in body and skin therapies. Our mud/scrub bar services are designed for total customization based on skin types and needs. Our exclusive blending bar features a full range of locally sourced body polishes and detoxifying muds that restore skin and replenish energy."
(800) 257-7544; fairmont.com/scottsdale



**HEALTHY TRAVEL MAGAZINE
SEPTEMBER 2013**