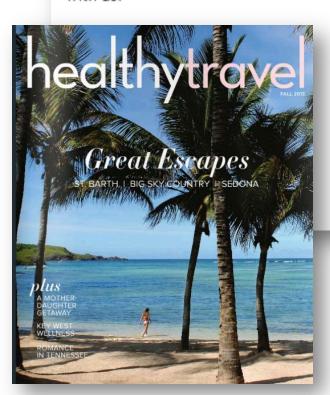


Fall Fresh Skin

Experts weigh in on their favorite autumnal spa treatments

Fall and beauty go hand-in-hand:
Just like trees shed their leaves
in preparation for the long winter ahead, it's also a great time to
replenish skin after the harsh, hot
summer and sneak in some personal
relaxation before the holiday chaos
takes over. We asked some of our
favorite beauty experts to share
their favorite fall beauty treatments
with us.



BRENNAN EVANS

Managing Director at Well & Being at Willow Stream Spa at Fairmont Scottsdale Princess, Scottsdale, Arizona

"Embracing the concept of total well-being is a full-spectrum experience. At Well & Being our goal is to provide a comfortable, world-class environment that allows guests to not only learn about wellness but also appreciate the time taken to luxuriate in body and skin therapies. Our mud/scrub bar services are designed for total customization based on skin types and needs. Our exclusive blending bar features a full range of locally sourced body polishes and detoxifying muds that restore skin and replenish energy." (800) 257-7544; fairmont.com/scottsdale

HEALTHY TRAVEL MAGAZINE SEPTEMBER 2013